



## **Bournemouth BMX Club Anti-Bullying Policy**

### **What is bullying?**

Bullying is repeated behaviour which is intended to hurt someone either emotionally or physically. It results in pain and distress to the victim. Bullying can take many forms including: physical assault; teasing; making threats; name calling; cyber bullying; social bullying (e.g. leaving someone out of a group on purpose).

### **Why is it important to respond to bullying?**

Bullying can lead to people not enjoying their cycling experience and subsequently leaving the sport. Bullying will not be tolerated in the club environment.

### **What will Bournemouth BMX Club do about bullying?**

Bullying behaviour will be dealt with in a similar manner to the below:

- Discuss the potential courses of action with the young person or vulnerable adult.
- Report bullying incidents to the Club Welfare Officer or a member of the committee.
- In cases of serious bullying, the incidents will be referred to British Cycling's Safeguarding Lead Officer for advice. The individual should be made aware of this course of action.
- Where appropriate parents/carers should be informed and asked to attend a meeting to discuss the problem with the rider present.
- Where appropriate, police may be consulted.
- The bullying behaviour must be investigated and the bullying stopped quickly.
- An attempt will be made to help the bully (bullies) change their behaviour.
- If mediation fails and the bullying is seen to continue the club will initiate disciplinary action under the club constitution, or where appropriate under British Cycling's Disciplinary Procedures.

### **Our anti-bullying policy covers the following areas:**

- All committee members, coaches, riders and parents / carers should have an understanding of what bullying is and what they should do if bullying arises.
- All committee members and coaches should know what the club policy is on bullying and follow it when bullying is reported.
- Clubs should take bullying seriously. Riders and parents should be assured that they would be supported when bullying is reported.

## **BULLYING WILL NOT BE TOLERATED**

### **Useful contacts:**

Bournemouth BMX Club Lead Welfare Officers - Cathy Willcocks and Paul Ross  
Bournemouth BMX Club Welfare Officers - Cheryl Mainwaring and Julia Sylvester  
Email: [Welfare.BournemouthBMX@outlook.com](mailto:Welfare.BournemouthBMX@outlook.com)

NSPCC: Helpline 0808 800 5000

ChildLine: 0800 1111 / [www.childline.org.uk](http://www.childline.org.uk)

Kidscape: [www.kidscape.org.uk](http://www.kidscape.org.uk)

British Cycling Safeguarding Lead Officer: 0161 2742000

**Reviewed: February 2024**  
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