



Bournemouth BMX Club Code of Conduct, Declaration and Consent

As a volunteer organisation we are dedicated to promoting the sport of BMX racing. We encourage good behaviour and sporting respect from all riders, parents/carers and supporters at all times. Agreeing to this code is a condition of membership.

Bournemouth BMX Club reserves the right to withdraw a rider from an event/activity if the rider, parent or associate is found to have behaved in contravention of the following code of conduct (should it be necessary we will also notify British Cycling of any incidents).

In particular all riders must observe these rules and follow all instructions given to them by any Commissaire or official at any time during the course of any training, club, regional or national events at Bournemouth BMX Club. All parents of younger riders are expected to educate what is acceptable behaviour to them and lead them by example.

Riders' and Participants' Code of Conduct

As a member of Bournemouth BMX Club you will:

1. Arrive for training and competition in good time to prepare and be ready for the start time.
2. Wear suitable kit and clothing for all club activities. This must include a correctly fitted & fastened full face helmet and gloves. Your helmet must be correctly fastened before you enter the track or pens. Club volunteers can assist with information about suitable kit and clothing.
3. Always warm up and cool down properly
4. Abide by the rules of the sport and respect officials and their decisions.
5. Be a good sport. Applaud all good rides whether they are made by your club or the opposition.
6. Control your temper. Verbal or physical abuse of officials and other riders, or deliberately distracting/provoking an opponent are not acceptable or permitted behaviours.
7. Not use foul or abusive language.
8. Treat all participants in cycling as you would like to be treated. You will follow Bournemouth BMX Club's anti-bullying policy, which can be found on the club's website.
9. Pay any fees for training or events promptly.
10. Work equally hard for yourself and your club.
11. You will show appreciation and respect for your club team-mates, coaches, officials, administrators, other volunteers and your opponents.
12. You will respect the rights, dignity and worth of everyone.
13. Never bring yourself or the sport of BMX racing into disrepute in or out of the club.

Parent/Carer/Supporter Code of Conduct

As a parent/carer of a member of Bournemouth BMX Club you are expected to:

1. Ensure all children aged 12 and under are accompanied at all times by a parent/carer or nominated responsible adult.
2. Inform the coach/welfare leads of any specific health requirements/medical conditions or special educational needs by completion of the club membership form and update coaches/welfare leads of any changes. If you have any concerns about your child participating in any form of physical activity, please consult your GP before giving permission for your child to take part in the coaching sessions.
3. Pay fees due prior to your child taking part in club activities unless a prior arrangement has been made. Failure to pay requested fees will result in the rider being asked to discontinue their involvement of that activity until they have paid. If necessary repeated nonpayers will not be allowed to attend these events.
4. Encourage your child to learn the rules and play within them.
5. Discourage unfair play and arguing with officials.

6. Help your child recognise good performance, not just results.
7. Set a good example by recognising fair play and applauding good performances of all.
8. Never punish or belittle a child for losing or making mistakes.
9. Accept and respect official's judgments and teach children to do likewise.
10. Support your child's involvement and help them to enjoy their sport.
11. Not use foul or abusive language.
12. Remember that children participate in sport for their enjoyment, not your own.
13. Follow Bournemouth BMX Club's anti-bullying policy and support all efforts to remove verbal and physical abuse and bullying from sporting activities.
14. Respect the rights, dignity and worth of every person regardless of their gender, ability, disability, cultural background or religion.
15. Show appreciation and respect for coaches, officials and all staff and volunteers. Remember, without them your child could not participate.
16. Express all views, opinions and decisions without contempt to others.
17. Never bring the sport of BMX racing into disrepute in or out of the club.

Please Note: Riders will be held accountable for the actions of their parents/carers and supporters in their company during BMX activity.

Disciplinary action that can be taken at any time for not adhering to the code of conduct:

- Initially a rider/parent/carer or supporter may simply be reminded of the Code of Conduct.
- Subsequently an official warning for breaking any of the code of conduct above may be issued in writing by the executive committee.
- Persistent concerns or breaches may result in parents / carers / supporters being asked not to attend events if their attendance is considered a risk to the welfare of participants, volunteers or others present.
- If any threatening or violent behaviour is displayed to any other rider/parent, volunteer or committee member then the police will be notified and the club reserves the right to permanently ban that person from all club activities permanently.
- Continued issues and repeated breaches of the code of conduct may result in us asking your child to leave the activity, event or club permanently.

Please be aware that Bournemouth BMX Club's safeguarding policy and practice follows British Cycling's safeguarding policies and adheres to the guidelines within it. Therefore, safeguarding and welfare concerns may be reported by the club to British Cycling's lead safeguarding officer for further advice and/or sanction.

Any concerns or issues regarding the conduct or behaviour of any riders or parents should be brought to the attention of Bournemouth BMX Club's welfare officers so any incidents can be dealt with through the correct channels and procedures. Information on the club's welfare officers and how to contact them is available on the club's website.

Bournemouth BMX Club operates British Cycling safeguarding policies for young people and adults.

Declaration and Consent

Parental Consent for children under the age of 18 participating in coaching activities in a traffic-free environment:

I, being the rider, or parent/guardian of a rider under the age of 18, have read the information on this form and the following notes, and consent to myself/my child taking part in the coaching sessions conducted in a traffic-free environment. I understand and agree that I/my child participate(s) in coaching sessions under the instruction of British Cycling coaches entirely at my own risk. I have considered the nature of such sessions/have discussed them with my child. I am satisfied that I am/my child is sufficiently responsible

and competent to assume full and entire responsibility for my/their own safety under the supervision of a British Cycling coach.

I understand that the club, its servants or agents are not under any liability whatsoever for the loss of property, accidents or injuries to me/my child, however caused.

I agree to my details being held on a permanent basis by BOURNEMOUTH BMX CLUB, in accordance with the Data Protection Act.

By joining the club as a member, I/my child accept(s) the terms and conditions of the club.

You are giving consent for you/your child to participate in coaching sessions conducted in a traffic-free environment (e.g. not on the public highway). However, you should note that in some instances it might be necessary for the coach to move riders from one location to another, which may require limited use of the public highway. In these instances, riders will be under the direct supervision of the coach and it will not be part of a coaching activity. No coaching activities will be conducted on the public highway.

It is part of the British Cycling Code of Conduct to ensure that reasonable steps are taken to establish a safe environment where riders can enjoy developing their cycling skills.

All children aged 12 and under must be accompanied at all times by a parent/carer or nominated responsible adult.

Riders are expected to remain in the session from beginning to end, unless they must leave early. If a young rider must leave early or is being collected by someone other than the parent/carer, the parent/carer must advise the coach of the details of the arrangement, including who will be collecting the rider.

Please inform the coaches/welfare leads of any specific health requirements/medical conditions or special educational needs by completion of the club membership form, and update coaches or welfare leads of any changes. If you have any concerns about your child participating in any form of physical activity, please consult your GP before giving permission for your child to take part in the coaching sessions.

Other policies

Bournemouth BMX Club follows British Cycling's concussion protocol:

https://www.britishcycling.org.uk/zuvvi/media/media/press/British_Cycling_-_Concussion_Guidelines.pdf

The message is simple: if in doubt, sit them out.

Bournemouth BMX Club follows British Cycling's Transgender and Non-Binary competitive and non-competitive participation policies:

https://www.britishcycling.org.uk/zuvvi/media/Policy_for_competitive_activity.pdf

https://www.britishcycling.org.uk/zuvvi/media/Policy_for_non-competitive_activity.pdf

Now let's ride!

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Next Review: September 2026**